

# Autumn Forage and Cooking on an open fire

**Thursday 27th September 2018**

**13:30—16:00**

**Hollingworth Lake Visitor Centre**

**Trainer:** Nature Ed

**Audience:** All

This session aims to provide teachers with the resources and knowledge to identify up to 5 common edible plant species.

Be aware of the importance of positive identification, understanding the poisonous nature of some plants. Learn good practice in the harvesting and picking of wild plants, learn some traditional recipes and folklore remedies.

Curriculum link: Science (seasonal changes, plant classification & properties); Food Tech (outdoor cooking); PSHE (risk taking)

