

Lego Therapy & Duplo Therapy

Dates: Wednesday 5th June 2024

Time: 9:15 - 12:15

Venue: Edgar Wood Academy

Trainers: Heidi McDermott, Educational Psychology Service, RBC

Audience: All Educational SEND, Pastoral and Learning Mentors

Lego therapy is a play based piece of intervention which focuses on developing collaborative play skills. It was introduced by Dr Daniel LeGoff in 2004.

This social skills intervention considers why and how Lego Therapy can be effective in supporting Children and Young People with ASC to improve social communicative competence and social inclusion

This course will provide an overview of how to set up and deliver this evidence-based intervention.

Dr Heidi McDermott, Senior Educational Psychologist

I qualified as an Educational Psychologist in 2014. Before that, I worked as a primary school teacher and a specialist teacher with children and young people with social, emotional and mental health (SEMH) needs. As a senior Educational Psychologist, I carry out regular supervision with trainees and colleagues. I have strong beliefs about inclusion and social justice, I am very interested in SEMH, attachment, trauma and therapeutic approaches.



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