

# Promoting Resilience Through Play

**Thursday 12th March 2020**

**09:15—12:15**

**Hopwood Hall College, Rochdale Campus**

**Trainer:** Katie Power/Helen Herring (Educational Psychologists, RBC)

**Audience:** All Staff

This training will consider definitions of both play and resilience and demonstrates how play can uniquely contribute to the development of resilience for children and young people

There will be the opportunity to reflect on play opportunities provided within your setting, and, of course to play yourselves!

